



Castlehead Medical Centre News Sheet

Autumn 2007
www.Castlehead.org.uk



Dr. Catherine Kenning

GP Registrar Training

I am the new GP Registrar at Castlehead Medical Centre. I will be working here until February then spending 2 years training in hospital and returning for a final 8 months.

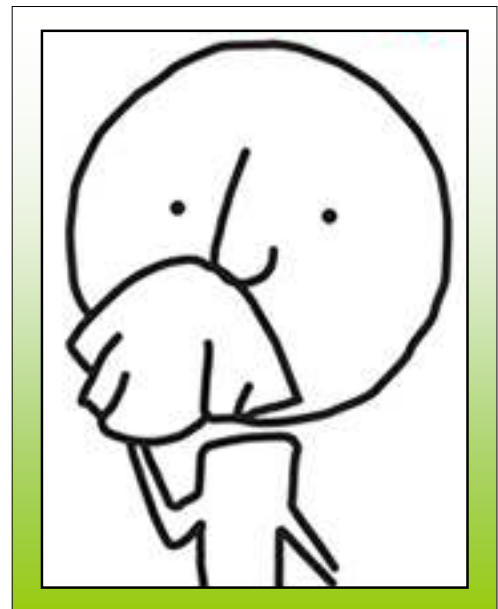
I was brought up in London and studied medicine in Cardiff before answering the call of the Fells and moving to Cumbria.

I am married to Robert and we have recently returned from a years break touring the USA, New Zealand and South East Asia on a tandem bicycle.

FLU VACCINATION CLINICS

We would advise everyone in the following categories to make an appointment for a flu vaccination:

1. ALL people aged 65 and over.
2. Anyone with chronic lung, heart or kidney disease.
3. Anyone who suffers from diabetes.
4. Anyone with diseases of the blood vessels including stroke.
5. Those who suffer from an immunity problem.
6. Anyone in long stay residential accommodation.
7. Carers of people in the above groups.
8. Anyone who suffers from asthma including children and young people.



These clinics are for Flu Vaccination purposes only – please make a routine appointment if you wish to discuss any other health matters.

Clinic Dates:

3rd October	5th October
10th October	12th October
17th October	19th October

BOOK NOW

Castlehead Medical Centre facts and figures:

Did you know?...

Missed appointments: Approximately 420 Doctors Appointments & 540 Nurses Appointments are missed each year.

This equates to approximately two weeks worth of wasted appointments each year.

(Please cancel your appointment if you cannot attend so we can offer it to someone else)

Number of home visits by the GPs:- Approximately 40 per week

Number of Patients Seen in the Practice last year:- 30162

Protected Learning Time 2007

Tuesday	16 th	October
Wednesday	21 st	November
Thursday	13 th	December

Protected Learning Time for Staff Development

In order to allow all surgery staff to have protected time for training and development this practice, in common with most other practices in Cumbria, will close for one afternoon per month on the dates listed. The practices will be covered by the **CueDoc** emergency on call system between **1pm** and **5pm**.



To pre-book an appointment call:
0845 7 711 711
For more info:

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www.Castlehead.org.uk



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NHS Organ Donor Register on-line?
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